



# Student Bio Form

*"Life is a succession of lessons which must be lived to be understood."*  
-Ralph Waldo Emerson

**Instructions:** Complete the following sections and give this to the people you are asking to write a recommendation letter for you.

Name: \_\_\_\_\_

Date: \_\_\_\_\_

1. **School Participation:** List the activities in which you have participated, the number of years and the amount of time per week you spent. Include artistic, athletic, extra-curricular, community service and leadership or elected positions.

2. What activities do you participate in outside of school? List jobs; religious activities; hobbies; travel; music, etc. Include the number of years of your involvement and the amount of time you spent on the activity weekly, and explain why this activity was meaningful to you.

3. List any awards, honors, or special recognition you have received both in and out of school.

4. Describe the academic accomplishment (major paper, science exhibit, project and/or art piece, etc.) you are most proud of, and tell why you take pride in it.

5. List and describe three qualities you possess that would make you an excellent candidate for college admission or scholarship recognition.

6. What do you hope to accomplish in college and after? What are your goals in life?